

HIFE CPP REQUIREMENTS:

- ◆ Must have a minimum GPA of 2.5
- ◆ Must seek to attend an accredited institution
- ◆ Must be willing to complete the assigned homework provided by the HIFE Coach

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Message From The Dean - Bob Fulcomer

With the end of another school year and summer beginning, it is time for students to relax and have some fun. It is also a time for students to complete some of the requirements to be competitive in the college selection process. It is a great time to do some volunteer work as well as explore different

career options through job shadowing. The most desirable students in the eyes of admissions officers are those that have a well-rounded resume, including community service, internships and work history. Community service is also prescribed by many high schools as a graduation

requirement. Summer is also a great time for some students to attend a class or two at a Community College, which will also be looked on very favorably by admissions offices. For all students, summer is a time to have fun building up their resume.

The Best Summer Plans for High School Students



If You Have Not Secured a Summer Internship, What Can You Do?

Out of school for the summer? This might seem like a time for kicking back and unwinding after the school year, but it's actually a great opportunity to start building that resume to help you impress the college of your choice. Your plans can be more

than simply getting a summer job; there are a number of activities that can help you stay active and gain valuable experience over the summer months.

Work

Employment is one of the most practical ways to build your resume and impress colleges. Even if working during the school year is not an option, there are often seasonal establishments such as residential summer camps that look for help specifically during the summer months. Any job is good, but working in a leadership position or in an academic area would be ideal. The more a job

challenges you, the more it builds the skills that colleges and future employers are interested in seeing in applicants.

Volunteer

Do good. Community service is another great way to gain some valuable work and leadership experience. Nonprofits such as soup kitchens and animal shelters are always looking for volunteers, so it shouldn't be difficult to find a volunteer organization near you that could use an extra pair of hands for a few hours a week during the summer.

The Best Summer Plans for High School Students (cont.)



Travel

While this may not be a viable option for everyone, summer travel can be an exciting way to enrich your mind while enhancing your resume. Visiting and exploring foreign places will broaden your horizons, allowing you to expand your awareness of other peoples and cultures. It's also a great chance to develop language skills.

Take Classes

'Summer school' doesn't always have to be a bad thing, and colleges may look kindly upon applicants who take the initiative to further their education over the summer. There are a variety of options available for high school students to take summer courses, both at their own schools and at local colleges. If your high school offers summer classes, this could be a great way to advance your math or language skills, two areas that often fall short on college applications. Local community colleges also offer credit-bearing summer courses for high school juniors and seniors on a variety of introductory-level topics. This will not only look great on your transcript, but it also provides an opportunity to get a jump start on general

education requirements for college and allows you to explore possible career options.

Summer Enrichment Programs

Along with summer classes, enrichment programs can be another valuable and educational summer experience. Investigate the types of summer enrichment programs offered by local youth groups or area colleges and universities. Many of these organizations have residential or day camps for high school students focused on specific topics such as music, creative writing, science, engineering and a variety of other areas of interest. These programs are a good way to explore and gain experience in fields you may want to study in college.

Visit Colleges

It almost goes without saying that campus visits should be part of any college applicant's summer plans. Of course, while these visits are a priority when considering which colleges to apply to, it is important to remember that they should be just one part of your summer equation. A few campus tours don't constitute a summer's worth of experience; they should be included in

your plans, along with other resume-building activities and experiences, in order to set you apart from your fellow applicants.

Beef Up Your SAT or ACT Skills

Don't waste a summer preparing for a four-hour exam – everything else on this list has more value for your personal growth and college preparation. That said, standardized tests are an important part of the admissions equation at most of the country's highly selective colleges. If you've taken the SAT or ACT and your scores aren't what you think you'll need to get into your top choice colleges, then the summer is a great time to work through an exam preparation book or take a test prep class.

Source: <http://collegeapps.about.com/od/theartofgettingaccepted/tp/best-summer-plans-for-high-school-students.htm>



Options for Finding Summer Work

Although the need to find a summer internship has been the focus of many discussions in recent years, the fact of the matter is that there will be a certain percentage of college students that will end up finding themselves without one. Gaining relevant experience and having these opportunities to list on a resume are two of the most important factors when considering to do an internship or not. Another very important factor is the ability to network with professionals in the field, which can be extremely helpful in a future job search.

But since many students are unable to find an internship for over the summer, let's talk about other things you can do that will provide value in preparing for the future job market.

One reason why some students don't secure a summer internship is because they cannot afford to work for nothing. This is a major consideration when considering which option you want to take when seeking opportunities for the summer. Other students are able to work for the summer without receiving compensation and for these students

there will be more options to choose from.

Tips on things to explore for the summer to make yourself more marketable in the job market:

1. Job Shadowing

Job shadowing is a great way to learn about careers and what it takes to be successful. Spending time with professionals currently working in career fields you find interesting gives you an in-depth look at what it's actually like working in this type of environment. To land a job shadow, you might want to begin by lining up some informational interviews with alumni at your college or other professionals in the field.

2. Volunteering

Volunteering is another way to gain experience, while it also looks very good to have on your resume. For those interested in non-profit management or in contributing to some particular cause, volunteering can be just the right option to explore for the summer. As with job shadowing, volunteers are generally not paid so this choice might not be right for everyone.

3. Tutoring

If you have some form of expertise in a certain area, you may want to look into tutoring at your local school or college or for a continuous education program in your area. Whether it be music, art, math, or English, there is often a great need for people willing to share their knowledge. The best thing is that you can make a decent wage if you are able to find enough pupils.

4. Participating in a summer class

Whether it be at a local school or college or even online, there are many courses to consider to make you more marketable. You may decide to take a summer class that's entirely different than what you've been studying or you may decide on a class that will provide additional skills to help you with your current coursework. Taking a class during the summer can be more fun than traditional classes that you take during the school year. Perhaps you want to improve your computer skills or even take a course in public speaking, which would both add to your current repertoire of skills.

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HIFE



COLLEGE
PLANNING
PROGRAM

Options for Finding Summer Work (cont.)

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5. Become an Entrepreneur

We've already mentioned tutoring but there are many other things that you could do in order to bring home a paycheck. What about starting a landscaping business or painting houses to receive a decent wage? These may not seem like "educational" opportunities, but what you'll learn from marketing, communicating, and taking care of the finances will be a very valuable experience to have for the future.

How to find summer opportunities
To find opportunities

for the summer you will need to take a proactive approach. You may start by networking with family, friends, neighbors, previous employers or teachers, etc., just to let them know that you are looking. You may also do some research to see what kinds of jobs exist as summer employment while also assessing the needs of the local community to see if there is a product or service that's currently not being provided.

I also recommend that you continually seek out internships in your area because things

can change once the summer starts. I know local tourist destinations that have employees quit before completing their work for the summer. Don't be afraid to pick up the phone and ask if the companies needs have changed and if they could use an extra pair of hands. Summer camps are also another options where thousands of college students are employed.

Source: <http://internships.about.com/od/internsites/a/Options-For-Finding-Summer-Work.htm>

Coach's Corner

Summertime.

What a great time of year! There are a number of things students can do over summer break. One thing that should be considered is taking time to research colleges. Students can look on the Internet at schools they may be interested in. If a college is near where they live, they may want to go visit. Families can

even visit colleges while on vacation. Students enrolled in the HIFE College Planning Program should let their coach know if they plan to tour colleges. The coach can provide questions to ask, general support and insight. Although summer at the colleges is not as busy as it is during the full semesters, it is a great time to visit as many

times offices will have time for impromptu meetings. During these visits, it is important to speak with other students to get their opinions and perspective of campus life.

Check out colleges and have a great summer!